SSAY IT

SAME SEX ATTRACTED YOUTH INTERSEX TRANS

YOUTH GROUP

SSAY IT stands for Same Sex Attracted Youth including Intersex and Transgender. SSAY IT is a confidential, safe and supportive space in which young people can explore their diverse genders and sexualities.

SSAY IT meets once a week for group activities which can range from sexual health or creative arts workshops through to social outings like grabbing coffee or going to the movies.

You can come by yourself or with a friend. We welcome anyone interested in participating in an inclusive and discrimination free society.

Coming Out

Talking about your sexuality is a lifelong journey for everyone. Talking about it for the first time to family members, friends and other people can sometimes be a celebratory experience and other times can be stressful. There are right and wrong ways about 'coming out' and if you would like to talk to someone about how you might approach it we can help. Remember you never have to disclose your sexuality to anyone if you don't want.

Social Support

Meet other young people like yourself. Share your likes, dislikes, experiences and issues. Make friends and expand your social network.

Sexual Health

Sexually diverse people do 'do it' differently, so if you're confused or curious this might be the place to ask. We offer information and referral about all things related to your sexual health including info on sexual health checks, STI's, sexually diverse safe sex practices and safe sex packs.

Advocacy

If you feel you are being treated unfairly or want to be represented by someone, come talk to us about your problem or the action you might want to take.

Counselling

Unfortunately many young people are subject to negative experiences because of their sexuality such as family upset, bullying or discrimination. If you would like to talk to someone about your experience in a confidential setting please don't hesitate to ask one of the workers if you can talk to someone.

Resources

We have a wide range of resources, brochures and booklets about everything from 'Coming out safety tip sheets' to 'The Birds and the Birds' that you can have, take home and check out in your own time.

Useful Websites

opendoors.net.au Good source of information for LGBTIQ young people and their families.

twenty10.org.au/ This website has some great information, videos and resources for young people.

pflagbrisbane.org.au Great website with resources and information for parents and friends of LGBTIQ people.

qahc.org.com.au A Queensland based LGBTIQ service. Has plenty of resources for LGBTIQ people.

acon.org.au A NSW based LGBTIQ organization. Has some great resources for women.

reachout.com A website for young people in general addressing and providing info on a whole range of things.

SSAY IT is an initiative of youth service Youth Empowered Towards Independence (YETI).

For more information contact:

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