

annual report 2011



Cairns
Youth Empowered Towards Independence
Incorporated

ABN : 34797758772

YETI Personnel 2011

Management Committee:

President:	Laurel Downey
Vice President	Tom O'Donnell
Secretary:	Emily Ward
Treasurer:	Steven Dangaard
Non Executive Members:	Justin Cadman Belinda Featherstone Rhiannon Saunders

YETI Staff

Manager:	Genevieve Sinclair
Finance & Admin Manager:	Bob Dollery
Administration/Reception:	Karla Nathan

YAROS Youth Worker Program:

Intake/ Team Leader:	Melanie Spencer
Drop In Coordinator:	Robert Allery Angelo Paniterri

NIDS Alcohol and Drug Treatment Program:

Counsellors:	Chrissie Boll Tamara Baumann Marcia Hedanek Karyn Andersen
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Improved Services Program:

Improved Services Manager:	Siobhan Delgado Tanya Kunzler
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Queensland Health Drug and Alcohol Program:

Health Case Worker:	Wendy Sammons
Housing Case Worker:	Caroline Lowah David Zaglas

Other Key Staff:

Casual:	Paul Christie, Holly Giblin, Elia Ware
Bookkeeper:	Andrea Brooker & Audra
Trainee:	Maria Mabo



President's Report

President's Report

2011 has brought further consolidation for YETI, with a sense of the team being really settled in at Winkworth Street, and while there have been a few staff changes, there is a strong feeling of stability and solidity in the team. The programs and resources at YETI provide a firm basis for ongoing creativity and development, as well as an opportunity for staff to grow and develop their skills.

YETI provides invaluable support and resources for vulnerable young people, and due to the continued and increasing funding from a range of funding bodies, that support can be seen to assist many to stabilise, address complex issues, and have an experience of being cared for that is, sadly, rare in their young lives. The increasingly high numbers of young people using the drop in centre attests to the vital role it plays for them. It is a particular credit to YETI staff that they are able to engage and work with Indigenous young people, who form an especially vulnerable group in the Cairns region.

YETI's financial position has become even more stable than in previous years. YETI continues to maintain and develop excellent working relationships with other agencies and groups in the sector, including further gains in working relationships with Child Safety.

Many of the achievements of the past year will be detailed elsewhere in the Annual Report, but one I would wish to highlight is the commitment of staff to ongoing professionalism and learning. Many of our staff are engaged in courses and higher degrees, and all have participated in many of the training programs provided to them.

On behalf of the Management Committee I would like to thank Genevieve Sinclair for her ongoing outstanding work as the Manager of YETI. Genevieve brings enormous commitment and courage to her work, and leads her fine team with passion, direction and vigour. The team also need thanks, for their ongoing and tireless commitment to the young people for whom YETI is a lifeline.

We also have to thank Bob Dollery, who, as financial and administration manager, provides YETI with sound financial management. Bob continues to provide structure and accountability to YETI.

I would also like to thank my fellow committee members for their continued commitment to the service, and for the sense of professionalism and good humour they bring to our work.

YETI is currently in a very strong position in the sector and YETI's excellent reputation stands us in good stead to play a leadership role in any new directions. It is quite likely that the next twelve months will bring expanded and new services into YETI, which will be both exciting and challenging.

The future of YETI continues to look bright. There is always hard work ahead, but there is also immense satisfaction in bringing about change for our young people.

Laurel Downey
President Management Committee

Manager's Report

The last year at YETI has again been exciting and busy, yet at the same time engendering a real sense of stability and cohesion. Whilst our programs have remained over capacity, we have settled well into our new premises and again I have greatly enjoyed working with an amazing, resilient, talented and creative group of young people and wonderful staff. There have been many highlights across the year including:

- **A renewed emphasis on learning, supervision and training.** Staff at YETI have participated in an enormous number of valuable training modules over the last year. These have included: Westerman Indigenous Psychological Training; Indigenous Risk Impact Screen; Narrative Therapy; Dialectical Behaviour Therapy; Our Mob Our Mind Conference; Family Systemic Practice; and Acceptance Commitment Therapy amongst others. Of significance, two YETI staff have commenced their Bachelor of Arts (Indigenous Studies) and others are completing Social Work degrees, Certificates in Community Services and Registrations as Psychologists. I am so pleased that YETI is providing a space for our staff to gain such valuable skills and qualifications. This emphasis on training, support and supervision, particularly with our Aboriginal and Torres Strait Islander staff leads to growing capacity within individuals, our service and more broadly the sector and whole community to respond to some of the very complex issues associated with intergenerational trauma and disadvantage.
- **Ratification of a new mission statement, standards, practice principles and policies.** Over the past year YETI has comprehensively reviewed all its policies, procedures, standards and mission statement. This review, informed and supported by the Department of Health and Ageing funding the Improved Services Initiative position, has meant that our agency now operates in concordance with the Queensland Government Community Sector Standards and we are ready to consider a process of formal accreditation.
- **Coordinated Care for Vulnerable Young People Project.** During 2010/2011, a formal partnership between Centacare, Anglicare, YouthLink, WuChopperen, Education Queensland, Queensland Police, Department of Communities, Queensland Health and YETI was established to support the most vulnerable young people in the Cairns community. The project includes the regular meeting of a panel aimed at supporting coordinated care approaches between government and non-government.
- **National Aboriginal and Islander Day of Celebration.** Young people and workers from YETI participated proudly in the NAIDOC week celebrations. We saw this as a real opportunity to feel connected to each other and the wider community.

Young people attending YETI painted a banner and screen printed t-shirts to commemorate their participation in this important week.

- **ABC Stateline ran a feature story on 'Bridges' an innovative youth homelessness program YETI have been undertaking in collaboration with Youth Link.** The thoughtful broadcast included a case study of a young homeless woman who has worked with YETI for many years. The November program provoked thanks from the Queensland Department of Communities for our agencies collaborative approaches.
- **Hosting special guests.** In November 2010, Lynda Pullen the State Director of the Federal Department of Health and Ageing visited YETI with other key program stakeholders from the Brisbane office. In December we also hosted a visit from Ms Linda Apelt, the Director General of the Queensland Department of Communities. These guests were involved in a tour of our service and made many interesting observations and inquiries regarding our work.

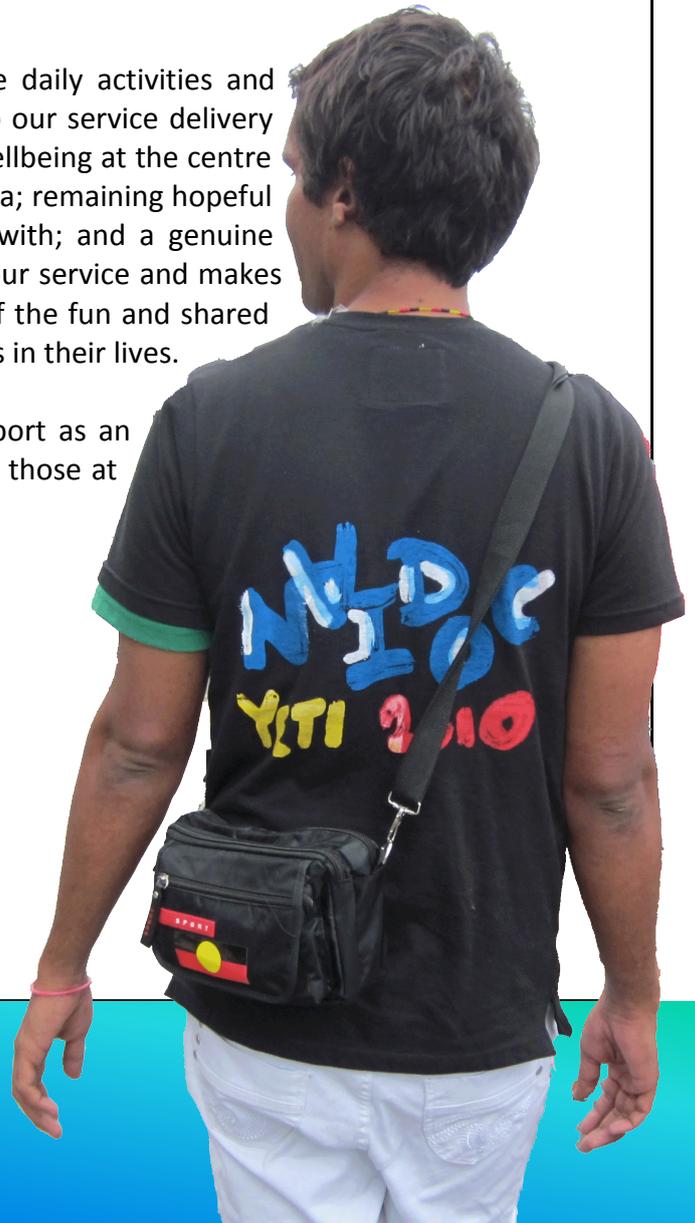
I sincerely wish to thank the Management Committee for all their hard work and support over the past year. YETI would not be in the position it is now without the input of such strategic, committed and tireless individuals. I also wish to thank the incredible staff at YETI, who on a daily basis attempt to build enabling environments that promote social and emotional wellbeing in the young people we work with. The approach at YETI recognises that improvements in health and wellbeing for young people are best based on strategies that empower and care rather than simply provide an 'expert' treatment .

Participation by all staff and young people in the daily activities and development of programs and models is critical to our service delivery at YETI. All the staff at YETI have young peoples wellbeing at the centre of their practice: their kind thoughts; going the extra; remaining hopeful and positive with each young person they work with; and a genuine commitment to working as a team is what drives our service and makes it special. I thank everyone who has been a part of the fun and shared seeing young people make some wonderful changes in their lives.

Finally, I am proud to recommend this annual report as an account of the energy, expertise and passion of all those at YETI.

Genevieve Sinclair

Manager





Mission Statement and Practice Principles

'To provide a community-based, empowering, supportive, responsive and healing environment that meets the needs of vulnerable young people through the provision of holistic services that foster social, emotional, spiritual and physical well-being.'

Nine guiding principles underpin service delivery at YETI. The principles are incorporated into all aspects of service delivery and reflected in the service standards, policies and procedures .

Empowerment

Empowerment is a process of enabling people to gain increased control over their own lives and learn through their experience. YETI aim to assist young people to re-focus on their strengths and abilities and create a climate that leads to young people gaining a sense that change is possible. YETI acknowledge that empowerment needs to be chronological and developmental age-appropriate.

Social justice and human rights

Our commitment to social justice and human rights is based on respect for human dignity and worth. We believe that our society has an obligation to maximise benefit for all its members and to afford them protection from harm. YETI believes in advocating and supporting vulnerable and disadvantaged young people. YETI respects young people's right to self determination, consistent with the needs and rights of others.

Accessibility and Acceptance

YETI accepts and values the diversity of young people's life experience. We recognise the imperative of including and working with a young person's culture, ethnicity, gender, spirituality, sexuality and personal values without discrimination.

Trauma informed

YETI practice will evidence a thorough understanding of the profound neurological, biological, psychological and social effects of trauma and violence on the individual and have an appreciation for the high prevalence of traumatic experiences of young people that access the service.

Compassion and care

YETI provides a service based on relationships of care and reciprocity. YETI believe in building caring relationships by being approachable and friendly, listening non-judgmentally and working to foster a sense of care and belonging in young people. YETI understand many vulnerable young people have experiences of trauma, abuse and neglect and so seeks to work with young people sensitively and compassionately to cause no further harm.

Integrity and respect

YETI aspires to be open, honest and respectful in all of our transactions. YETI insists on young people voluntarily participating in its service.



Harm minimisation

In line with Australian Government policy YETI harm reduction strategies endeavour to limit or minimise the hazards and negative effects of substance use and dependency without necessarily seeking a reduction in, or elimination of consumption. The focus is on the safety, health and well-being of the young person.

Learning and changing

YETI strives to understand and respond to the constantly changing needs of vulnerable young people. YETI believes in developing our agencies 'collective knowledge' through reflection and incorporating feedback from young people.

Community focused

YETI aims to work with the local community in Cairns and respect the country and Traditional owners. YETI believes collaboration, participation and partnerships with others will assist young people to have the best chances, choices and opportunities.



Adolescent Drug Treatment Program

Funded by the Federal Department of Health and Aging – National Illicit Drug Strategy

Counselling Program

YETI has continued to offer a range of counselling services to young people through its Adolescent Drug Treatment Program. Services are provided within a holistic, empowerment and strength base model of care. These have incorporated screening & assessment; case planning/management; formal/informal counselling; therapeutic group programs; outreach & transport support; & information sessions/workshops on youth specific topics within schools and other services. Counsellors work with many different young people from varied and diverse backgrounds who may be at risk, marginalised and/or disengaged or simply requiring support, empowerment and encouragement in their lives. During 2010/2011, the counselling program has facilitated the following groups through YETI: Dialectical Behaviour Therapy Group; Same Sex Attracted Youth Intersex & Transgender Group; Healthy Bodies and Healthy Minds Group, a weekly youth group for young people to engage in some physical activity whilst learning mindfulness skills. Counsellors have had opportunities to develop and deliver information with regards to the following: 'Stress Management' workshop for Cairns High School; 'Risky Behaviours & AOD' session for Trinity Bay High school; Info session on 'LGBT Youth related issues' for St Margaret's; and 'Bullying' session for Bentley Park College. The counselling program is informed by a range of therapeutic approaches including: Narrative Practice; Family Systems Therapy; Dialectical Behaviour Therapy (in particular mindfulness); Acceptance and Commitment Therapy; and Motivational Interviewing. We believe some of the key strengths of the program are: the outreach model, the focus on harm minimisation; and ensuring all young people accessing the program receive caring and hopeful support or are supported by thoughtful referrals to other agencies.

Tamara Baumann
Intern Psychologist

Specialist Wellbeing Program

The position of the Specialist Wellbeing Counsellor is relatively new within the YETI workforce, and still within the primary stages of development, stability and strength. Being appointed to this position is challenging and at times rewarding, for myself as an individual and that of a counsellor. These challenges and rewards entail providing holistic support and treatment through coherent counselling therapies, alongside minimal case management components. These therapeutic stages may lead to positive primary improvements, regardless of how small to the client's quality of life. This type of care and assistance encompasses both external and internal clients that have either called, walked in or been referred via other sources for counselling. Therapeutic services may include to some degree but not limited to narrative, mindfulness, motivational interviewing, expressive, cultural, art, sand tray and somatic therapies. This form of holistic counselling and support is available during business hours with or without an appointment, anywhere that are both beneficially and therapeutically safe and respectful to the client's health and wellbeing. Regardless of it being in the centre, at the park, beach or in a café. Practical services may include but is not limited to transport, court support, advocacy, initial family meetings if required, basic primary health care, therapy resources, interventions, mental health assessments and basic support. Risk management and harm minimisation that confront the young people that access the service on a daily basis through crisis intervention, suicide assessments and cultural safety education may also be provided when the need arises. Within time the position of Special Wellbeing Counsellor with tweaking and edge smoothing will prove to be a valuable asset to the drop-in, the counselling team and the YETI workforce in general.

Marcia Hedaneek

Specialist Wellbeing Counsellor

SSAY IT Group

Funded by the Federal Department of Health and Aging – National Illicit Drug Strategy

The SSAY-IT group (Same Sex, Intergender and Transexual group for young people) meets on a weekly basis every Tuesday from 4pm till 6pm. The key facilitators of the group for 2010/2011 were Tamara Bauman (Intern Psychologist) from YETI and John Turncock (Housing Case Manager) from Youthlink. Two new workers joined SSAY-IT Group in March 2011. These two new workers, Holly Giblin and Angelo Panitteri have been involved as peer support workers and their focus has been mainly around promotion of the SSAY-IT Group within the Cairns community.

The main objective of the SSAY-IT Group, is to set up support networks, build self esteem, and teach life skills, awareness, and self growth. Through discussions with the young people and planning, a wide range of activities have been facilitated including: BBQ'S, group cook ups, bowling, botanic walks and badge making.

In June, group members attended the Queer Film Festival which was a highly successful outing with 12 young people attending. Group discussions have included but not been limited to the following topics: homophobia, mental health, coming out, and many other social issues. These topics range from being discussed as a group, or one on one with a group facilitator or worker during an outing or around the table depending on the situation.

In June 2011, two of the group members were mentored by the two peer support workers, to be involved in the exhibition Cabaret Q. This was an initiative of Queensland Healthy Association of

Communities (QHAC) to get young people, expressing themselves through the use of art and performing as proud (Lesbian, Gay, Bisexual and Transgender) young people in the Cairns community.

The main objective of the SSAY-IT Group is to share and relate experiences, to overcome any hurdles with support and gaining confidence. Case management support including: housing support; counseling; and sexual health support is offered to young people through access to YETI. The group is diverse and is growing rapidly. Many LGBT young people face the same problems as other young people, however being involved with the SSAY IT Group helps these marginalised young people feel less isolated and build their life skills whilst being supported. The group is all about personal growth as a same sex attracted young person and feeling comfortable and accepting of diverse sexualities. The young people are learning valuable life skills and self management that helps them grow and prosper in today's society. Over 2010/2011, It was wonderful to share part of these young people's journey's and struggles with them and to watch these young people grow as individuals, bond as a group, and get excited to return to the group the following week.

Angelo Panitteri

Co-facilitator SSAY IT group



SSAY IT Group



Youth Drug and Alcohol Treatment and Support Services

Funded by Queensland Health Youth Alcohol and Drug Services Program

Cairns experiences some particular social pressures relevant to Aboriginal and Torres Strait Islander young people. "Youth suicide rates are high in the region; completion rates for high school or further training are low; the teenage birth rate is high; Cairns has the second highest rates of youth justice orders in the State; high homelessness statistics and high unemployment rates" (Department of Communities, Social Planner 2010)

The social demographics in Cairns strongly demonstrate the need for a practical case management program aiming to support vulnerable young people who are at risk of or engaging in the use of illicit drugs and/or alcohol, and who are wishing to reduce, cease or become safer within that use. Over the 2010/2011 financial year, one hundred different young people participated in the Queensland Health funded Youth Drug and Alcohol Treatment and Support program. Eighty-one per cent of participants were from Aboriginal and Torres Strait Islander backgrounds.

Case management at YETI follows a planned support model and includes key elements of support, planning, collaboration and relationships. The overarching goal of planned support is greater self-reliance, independence and for this program a reduction or cessation of substance use.

Planned support at YETI has a strong focus on building a relationship with a young person that forms a basis for referring young people to relevant other programs (in particular housing, education and employment) and supporting young people to move towards independence.

YETI has a strong focus on ensuring we recognize the impact of individual and systemic discrimination experienced by Aboriginal and Torres Strait Islander young people. Furthermore we recognize historical and current impacts of separation from country and family relationships. YETI case workers are sensitive to the diverse cultural beliefs and practices of others, whilst also keeping in mind that every young person who accesses the centre is a unique individual with diverse experiences, skills and talents.

Over the past twelve months young people involved in the case management program have done some really amazing things: stopped their drug use, reconnected with family and culture, gone to rehabilitation centres, returned to country, got independent housing, re-engaged with school and been kinder in their relationships with others.

Case Workers Report

There are two Case Managers who work in the Youth Drug and Alcohol Treatment and Support Services at YETI: a Homelessness Case Worker and a Wellbeing Case Worker. Both Case Managers work with young people in holistic approaches with a main focus on addressing drug and alcohol issues, homelessness and social and emotional wellbeing. We work collaboratively with some of the following agencies: Youth Link; Anglicare Homelessness Hub; Department of Communities (Housing and Homelessness Services, Child Safety, Youth Justice); Access Housing; Centennial Lodge; Cairns and Hinterland Mental Health and ATODS; Education Queensland; WuChopperen; and Centrelink, amongst others. In our roles we provide some of the following support to vulnerable young people:

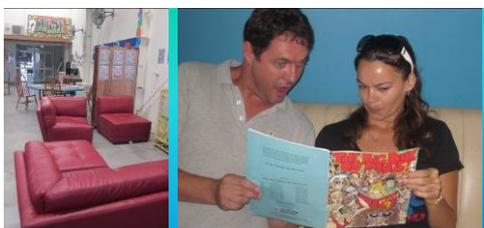
- * Talking to young people about their drug and alcohol use and how to cut back or stop using;
- * Case planning with young people;
- * Organising short term accommodation;
- * Provide update to other supports from different agency's when required;
- * Attend meetings, both internal and external;
- * Attend workshops and training for professional development;
- * Provide support to young people's transition from street to home;
- * Provide information on drug and alcohol agency's as requested;
- * Co ordinate agency visits for new staff;
- * Translate & interpret for young people who are bi-lingual from a Torres Strait background;
- * Provide cultural, spiritual & emotional support;
- * Provide support & advocate for young people with Mental Health issues;
- * Assist in the monitoring of young people who have a court order for community service;
- * Provide support to staff in the drop in; and
- * Transport young people to appointments at: Probation & Parole; Housing & Homelessness; Services; Child Safety Services; Job Network; Court ; and Mental Health.

Most of the young people we work with are Aboriginal and/or Torres Strait Islanders and many have histories of rough sleeping or having poor relationships with their families. Some of our best work over the past year has been reconnecting young people to family and country so they can go home to live happier, healthier and safer lives.

Wendy Sammons &

Caroline Lowah

Case Workers





Youth At Risk Outreach Service

Funded by Queensland Department of Communities
(Youth at Risk Outreach Program)

Youth At Risk Outreach Service

Drop In and Case Management

The 2010- 2011 financial year has seen many changes for the young people utilising the Youth at Risk and Case Management programs. YETI was attended by a large group of very young people up to the beginning of 2011, because of this YETI developed a range of protocols in relation to the challenges of working with these young people. YETI was instrumental in developing the Complex Care Panel with other government and non-government organisations, and this has allowed YETI staff to gain more assistance for vulnerable young people when they come to our attention. Within this period the staff moved from been slightly overwhelmed by the numbers and differing support needs of these young people, to having clear referral pathways into a range of other organisations we have established networks with during this time. Unfortunately this client group also experienced very

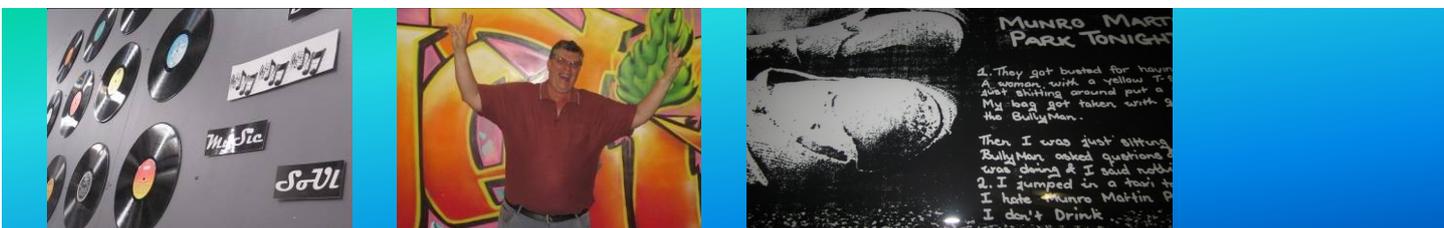
high incarceration rates and this has meant a fall in the number of young people attending the centre. By the beginning of 2011 YETI's drop in centre is again mainly attended by a range of older people that had been attending YETI for some time. However in the last six months YETI has experienced the benefit of the consistent hard work by the case management staff, as many of these young people came to a point where they wanted to make positive changes to their lifestyles. The Queensland Health funded case management service and brokerage have allowed YETI to support many of these young people to move on and make these changes. For many of these young people this has meant returning home to their family support networks, which at times has meant resolving conflicts or making positive choices to leave domestic violence relationships. Other young people have moved to deal with their drug and alcohol issues, several young people have gone to rehab (which currently involves leaving Cairns) or returned home to Communities where



substance and alcohol is not so accessible and they feel compelled to respect family and elders by not using. While many of these young people have moved away they often maintain their relationship with YETI, by calling staff and other young people to update them with the good things that are happening, or to gain support through the more difficult times. As YETI maintains a flexible model of case management we are often able to support young people in creative ways that many other organisations cannot. This see's workers doing a range of interesting things such as meeting young people at airports and supporting them prior to boarding another plane to go to boarding school, travelling with young people to other areas within Australia to build connection with family or travelling with clients children to supervise contacts within another city. As more of YETI's long term clients move away or move on with their lives, YETI has begun to accept appropriate referrals into the drop in and case management services, from organisations such as Child Safety Services, Probation and Parole or Cairns and Hinterland Mental Health and ATODS. This in turn sees YETI's staff developing new skill sets for the new challenges that these young people bring. However it is these changes which make a work day at YETI so fulfilling as workers may juggle in any day supporting a young person with their emotional regulation, to court support, to support with pre natal or health support, or supervising a child safety access visit or making a housing application. While working with a fantastic young person who may have a mental/physical or intellectual disability that may or may not be diagnosed, be substance affected, have a warrant out for their arrest, be sleeping rough, have major anger management or behavioural issues, or as is most common is just trying to deal the best they can with years of previous trauma.

Melanie Spencer

Team Leader Intake and Assessment



Young people's participation

Over 2010/2011 YETI has made very good progress in implementing appropriate client feedback mechanisms. YETI has provided young people with a 'have your say' table where there are youth friendly client feedback forms available. Via the new case management process young people are also provided with snapshots regarding their experiences in the service. Some comments used to describe YETI have included: "Fun, food, showers, cool".

Why do you come to YETI: "To hang with my friends", "Because they help you as much as they can to make a better life for the youth", "Have something to eat, ask for help, help cooking", "To get help with legal rights and other important stuff like housing and Centrelink." What do you like about YETI: "The food and staff and what's in YETI to use", "Everything", "It's a safe place and all the workers are good and friendly", "It's a great place to chill out and meet new people and getting along with each other", "The workers, environment, the foods and drinks and the space"

What do you think of the staff? "Well what I think about the staff are they are helpful and caring", "They are really kind and helpful", "the staff are friendly", "They are friendly and very helpful", "Fun, friendly, some are crabby". What could be better about YETI? "I'm not sure", "Nothing everything is great", "If we had air cons on both sides of the room", "Aircon at the back, swimming every Friday."

During the year, YETI established a sticker board whereby young people can write down activities they are interested in. YETI has consulted with young people regarding the House of Representatives Inquiry into the over representation of Aboriginal and Torres Strait Islander young people in the justice system and for recent service planning initiatives

YETI has scheduled a new item in the Management Committee agenda to pass on feedback from young people regarding service delivery.



The Drop In Centre

Drop In Coordinator Report

This year has continued the success of last year's move to the new centre. The number of young people using the Drop-in has fluctuated over the year but kept steadily busy. While the numbers have fluctuated with some very busy weeks and a similar number of quiet weeks, the number of visitors daily has averaged approximately 14. There has been an increase in attendance of young people identifying as Aboriginal and or Torres Strait Islanders. The drop-in service has assisted many of these young people with issues relating to their health, nutrition and social and emotional wellbeing. Internal agency referrals to our case workers and counsellors has also been significant with the most common assistance required relating to housing, health and counselling.



Visiting representatives from other services in the drop-in space remain an important resource for the young people attending YETI. Centrelink provide a very valuable role on a weekly basis allowing young people to make enquiries, work out payments and lodge forms. Other regular visitors included: nurses and a doctor from Queensland Health Sexual Health Service, undertaking basic health checks, screening and providing information; an employment consultant from Worklink; and casual visits from the Homeless Health Outreach Team. On Wednesdays a local artist has provided workshops aimed at building skills and experience in a number of art styles, including screen printing, painting, beading and charcoal works.



The Drop in Gardens is a quiet, tranquil and relaxing area for the young people to come and have some privacy, a private talk or just an area to sit and relax. Over the past year tomatoes and herbs have been planted and the garden cared for and mulched.



The drop-in has participated in a number of event weeks and themed days. These include Drug Action Week, Domestic Violence and NAIDOC week. These events have included information and discussion boards, pool competitions and art creations. Within the drop-in centre activities have been organised on a weekly basis to assist young people. The addition of three more computers and new software has enabled a number of young people to experiment with music making, some visual art and the Internet. Art is regularly an attractive activity for people in the drop-in. Painting canvas, charcoal or pencil sketching and scrapbooking proved to be the most popular.



During 2010/2011, a number of small group activities have also been arranged for people using the drop-in space. These occur outside drop-in time and generally outside the drop-in space. Fishing has proved to be popular and successful, allowing quiet conversation and storytelling with a limited number of catches. Music making sessions in the afternoons allows quiet time for young people to develop skills in music production and self expression. The year has been exciting working with a group resilient and interesting young people. YETI's drop-in has provide the occasional challenging day but most days are entertaining, relaxing and effective at encouraging open communication between young people and staff.



Robert Allery

Drop In Coordinator





Improved Services Initiative

Funded by: Federal Department of Health and Ageing - Improved Services for People with Drug and Alcohol Problems and Mental Illness Initiative.

The aim of the Improved Services Initiative (ISI) is to increase the capacity of the non government sector to respond to dual diagnosis of alcohol and drug problems combined with mental health issues. In this past financial year funding via the Improved Services Initiative has continued to expand YETI's role in responding effectively to the comorbid issues experienced by young people attending our service.

YETI staff have been fortunate with many and varied training over the past year. Staff engaged in a range of training from therapeutic practices such as Motivational Interviewing, Narrative Therapy and Dialectical Behaviour Therapy to practical skills based interventions addressing dual diagnosis. Staff attended sessions relating to developing work boundaries, self-care management, understanding general mental health issues, responding to suicide risk and improving alcohol & drug related practice.

Late in the financial year, staff began attending monthly in-service skills training. This enabled staff to share their knowledge from courses and workshops attended. It also ensures everyone at YETI is provided with an opportunity to share their wisdom and wealth of information within YETI.

In May 2011, YETI introduced a formal performance appraisal process with the opportunity to develop and review a training plan with the ISI Coordinator. This plan aims to ensure training is responsive and reflective of staff and agency requirements. Supervision is recognised as an essential element of best practice in staff development and support at YETI. In line with this YETI facilitates all fulltime staff to access professional supervision. The increased capabilities of YETI staff to work with dual diagnosis have ensured effective collaboration across a range of service providers from AOD services, homeless services to probation and parole. YETI continues to be a quality youth service within the sector and a valuable option for referral, case management and consultation.

YETI was successful in securing a further 12 months funding under the Improved Services Initiative for the 2011/2012 financial year. This will allow YETI to consolidate best practice dual diagnosis skills across all its programs. The further funding will enable the development of a peer training program as well as piloting an accreditation program. Finally data and outcome systems are an integral part of service delivery and as such the new funding will guarantee the newest and most accurate systems are available to YETI not just for this financial year but for many years to come.

Dialectical Behaviour Therapy (DBT) Program

The DBT program, a collaborative partnership between YETI and Cairns and Hinterland Mental Health and ATODS Services, continued this financial year with an intake in September 2010 and a further intake in February 2011.

In 2011, a number of clinicians left the DBT consult group and a new training round became an urgent priority to ensure the program could continue into the future. In early June 2011 a week intensive training was attended by five new clinicians and five of the previously trained clinicians. This training assisted the consult group to refocus their energies on the DBT program as a whole. From this a new skills group structure has been adopted with a smoother intake process and a more proactive progression for clients attending the DBT program. The current partnership agreement is due to be reviewed before the end of 2011

Having extended the circulation of the DBT program to schools, non government mental health services and General Practitioners there has been an increase in the number of referrals to the DBT program. The new group structure enables more fluidity in the program allowing client's access at regular intervals reducing the long wait periods from previous programs.

Presently there are 13 young people participating in the DBT program. Four are completing the 'termination phase', one is in the middle of the program and eight are at the pre-commitment phase. A further three are awaiting assessment. It is envisaged that individuals will complete a minimum of six months on the program with a possibility of extending this to twelve months. Group capacity is 15 clients. The new skills group will start in July 2011.

The consult group continues to meet weekly as part of the DBT program. This adheres to best practice in DBT programs as well as facilitating ongoing support and communication between YETI and Cairns and Hinterland Mental Health and ATODS. Regular meetings between the ISI Coordinator and the Queensland Health Allied Health Director have enabled open and frank dialogue to ensure a transparent process for the agreement between the two organizations to continue into the future.

We thank Queensland Health for being such committed and collaborative partners in this very exciting program.

Siobhan Delgado

Improved Services Initiative Coordinator



Bike Mob Report



Bike Mob

Funded by: Department of Communities-Sport and Recreation Services

The Bike Mob project began in earnest in the beginning of March 2011 after a period of researching various other bicycle programs across the world and acquiring a local bike shop as a partner in the project.

The first part of the project was to purchase the bicycles from the local Police Auction run by Quaid Auction house. We purchased 20 bikes and transported them to YETI where we began to organise and equip the workshop.

The Workshop situated upstairs in the Drop In Centre was established with a basic set of tools and some specific to bicycle mechanics. A professional bike stand and some home made ones were purchased to make working on the various bikes easier and safer. A drill and various other needed equipment for removing the old paint and rust was also purchased. We then sourced a professional bicycle mechanic in Lenore Evans who has been coming for two hours every Thursday to assist in the project. The second stage of the project was to dismantle ten bicycles, itemise the various parts and their condition and number each bike. This stage was finished at the End of June.

As of the beginning of July we have begun the next stage of painting them with undercoat and then a final coat. Once this has been finished for each bike we will then reassemble them with restored or replaced parts according to each bikes needs.

We have sourced appropriate helmets and locks for each bike from our project partner The Bike Man.

We have sourced the material for the safe riding and bike maintenance workshops from the Austcycle network and are ready to present these workshops to the first ten young people that will be receiving bicycles from this program in the new financial year.

Paul Christie

Project Worker



Healthy Eating

Sadly, many of the young people who attend YETI are not engaged in particularly healthy lifestyles. In particular, it is widely evidenced that Aboriginal and Torres Strait Islander people experience significantly poorer health outcomes compared with other Australians. Chronic diseases such as cardiovascular disease and type 2 diabetes are responsible for the majority of the 'gap' in Indigenous life expectancy. Nutrition and physical activity are two important risk factors in the prevention of chronic disease. Nutrition and healthy eating programs have been identified as critical in improving Aboriginal and Torres Strait Islander health outcomes. An important component of the Bike Mob project at YETI is supporting young people to engage in cooking and yarning about the importance of adequate nutrition intake and a healthy lifestyle through exercise, diet and healthy eating. YETI provides programming focusing on nutrition each Monday and Friday in the drop in centre.

Poster displays are regularly developed and placed around the centre, providing young people with information relating to health issues such as diabetes, eating vegetables, antenatal nutrition, looking after your skin, amongst others. Young people have been involved in the preparation of the weekly feasts and commenting often on the wholesomeness of the meals and the satisfaction of participating together. Barbeques are always popular with many of the young people involved with the cooking, sometimes the cleaning and always the eating. Mondays see us have regular barbeques with meats and salad. Fridays have us cook a variety of meals often with an international theme to allow the young people to broaden their culinary experience.

Christmas lunch is a huge event at YETI and this year we held it three days before Christmas, again with attendance from over 30 young people. Christmas lunch featured a pool competition, a piñata and presents for all the young people who attend. This year the menu featured: roast chickens, vegetables, salads and prawns. Cairns Police kindly donated us Christmas cakes which made a delicious dessert.





NAIDOC Week

Preparing for NAIDOC

This is the second year that YETI have undertaken a full week of programming to celebrate NAIDOC week. YETI NAIDOC week focuses on celebrating the history, culture and achievements of Aboriginal and Torres Strait Islander peoples and supporting young people to participate in community events. The month leading up to NAIDOC weeks saw YETI staff and young people busy with a t-shirt design competition, screen printing, making piñatas and making our NAIDOC banner.



Monday, Tuesday, Wednesday

On Monday of NAIDOC week, young people participated in cup cake making and chocolate making. The chocolates were delivered to the elderly residents at the DijaMeta Nursing home. Tuesday, young people participated in an excursion to Tjapukai and on Wednesday YETI held a stall at Wu Chopperen to celebrate their family day.



Thursday

Thursday has now become the official day of YETI's own party and celebration for NAIDOC. Preparing food, cooking together and eating at a communal table is the focus of our activities. This year we had a banquet of traditional foods including: Sop Sop (sweet potatoes cooked in coconut milk, Semur (chicken vermicelli), Prawns and Damper . A handmade piñata in Torres Strait Islander colours was destroyed in the morning and everyone enjoyed the feasting and celebrations.



Friday

Encouraging young people and inviting staff to participate in the annual NAIDOC march on the Cairns Esplanade was the focus of Fridays activities. This years NAIDOC march along the Cairns Esplanade saw over five thousand participants. The official event included a welcome to country , raising of the Aboriginal, Australian and Torres Strait Islander flags, speeches, entertainment and displays. YETI had a stall following the march at Fogarty Park. Our badge making activity proved very popular with attendees on the day. YETI believe it is critically important for young people to participate in events like NAIDOC to ensure positive linkages with the wider community and celebrate the wonderful aspects of traditional and contemporary Aboriginal and Torres Strait Islander culture.



YETI Staff

Executive Management Team



Manager
Genevieve Sinclair



Finance & Administration Manager
Robert Dollery



Team Leader
Melanie Spencer

Administration and Reception



Administration and Receptionist
Karla Nathan

Improved Services Initiative



Improved Services Coordinator
Siobhan Delgado



Improved Services Coordinator
(March 2011)
Tanya Kunzler

Youth Drug and Alcohol Case Management



Wellbeing Case Manager
Wendy Sammons



Homelessness Case Manager
(December 2010)
David Zaglas



Homelessness Case Manager
Caroline Lowah

Youth At Risk Drop In Service



Drop In Coordinator
Robert Allery



Support Worker
Elia (EJ) Ware



Youth Support Worker
Trainee
Maria Mabo



Support Worker
Angelo Paniterri



Youth Support Worker
Holly Giblin

Adolescent Drug Treatment Program



Specialist Wellbeing Counsellor
Marcia Hedanek



Psychologist Intern
Tamara Baumann



Counsellor
(March 2011)
Christine Boll



Specialist Wellbeing Counsellor
(May 2011)
Karyn Andersen

Bike Mob Project Worker



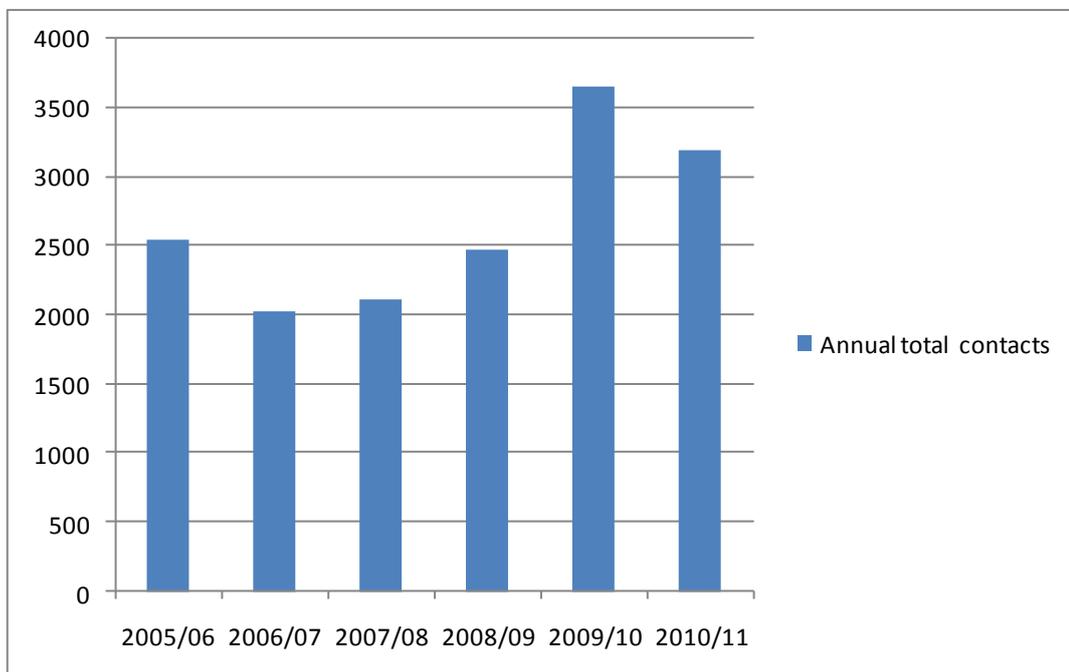
Project Worker
Paul Christie



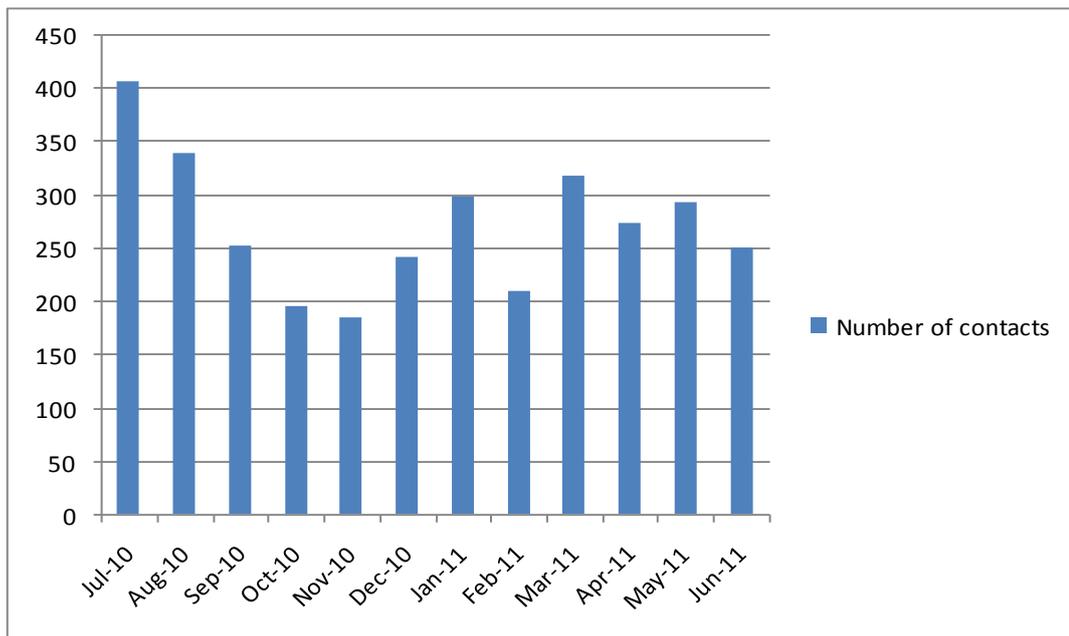
Youth At Risk Outreach Service

The Youth At Risk Outreach Service funded by the Queensland Department of Communities worked with 274 different young people during the last year. Young people attending the program were supported with information and advice; referrals; personal and community support. Fifty-eight per cent of participants were male and 41 % were female. Eighty per cent of young people were from Aboriginal and/or Torres Strait Islander backgrounds.

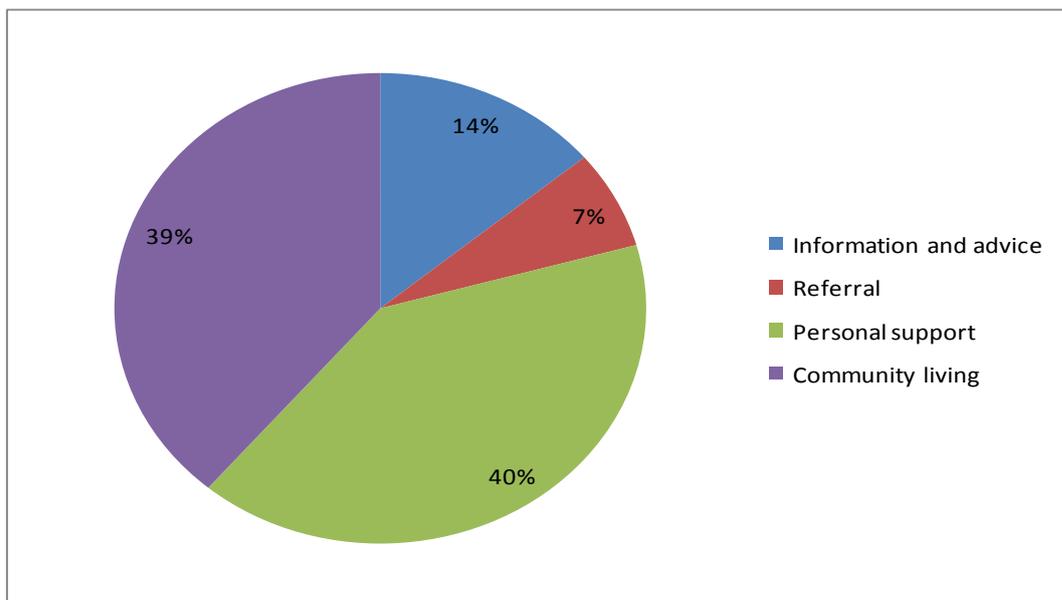
Number of contacts 2005-2011



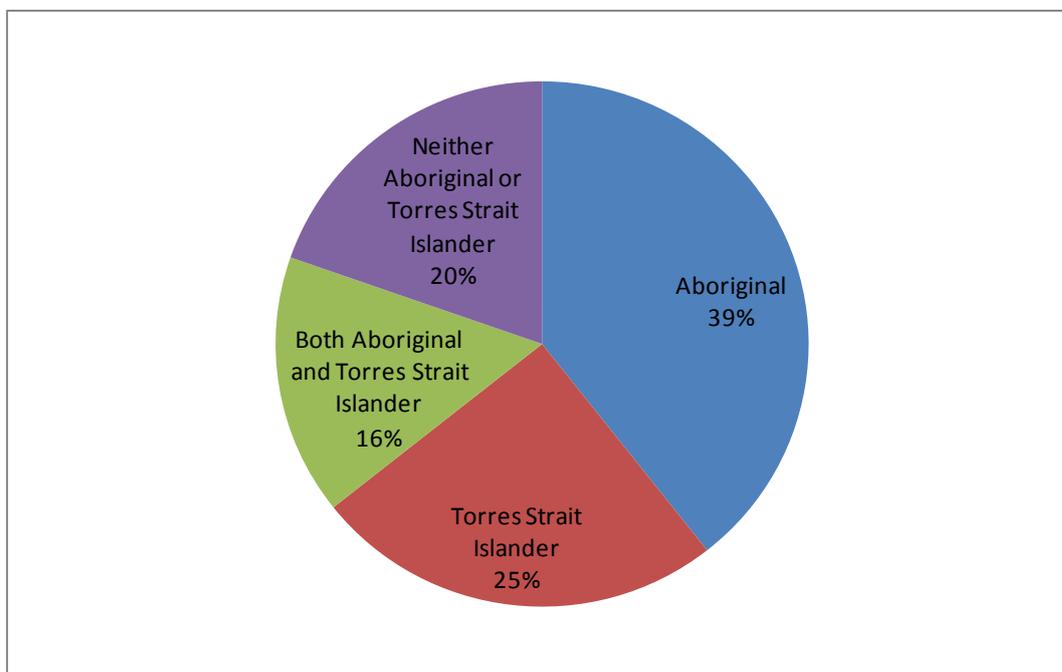
Number of contacts July 2010-June 2011



Type of contacts July 2010-June 2011 (n=7895)



Cultural background July 2010-June 2011 (n=244)



Other statistics of note

- * 54 per cent of young people have no, inconsistent and unhealthy relationships with their families. (n=94)
- * Almost 50 per cent have involvement with the Child Safety service system. (n=81)
- * 53 per cent have current, witnessed or recently left domestic violence. (n=71)
- * 79 per cent of young people have year 10 or lower highest education level. (n=84)
- * 41 per cent have attended more than five schools. (n=64)
- * 62 per cent have moderate to extreme suicide risk. (n=79)
- * 72 per cent have poly drug use (inhalant, alcohol and cannabis) (n=71)
- * 34 per cent have used inhalants. (n=71)
- * 51 per cent have legal issues. (n=83)
- * 30 per cent have recent experiences of custody (n=76)

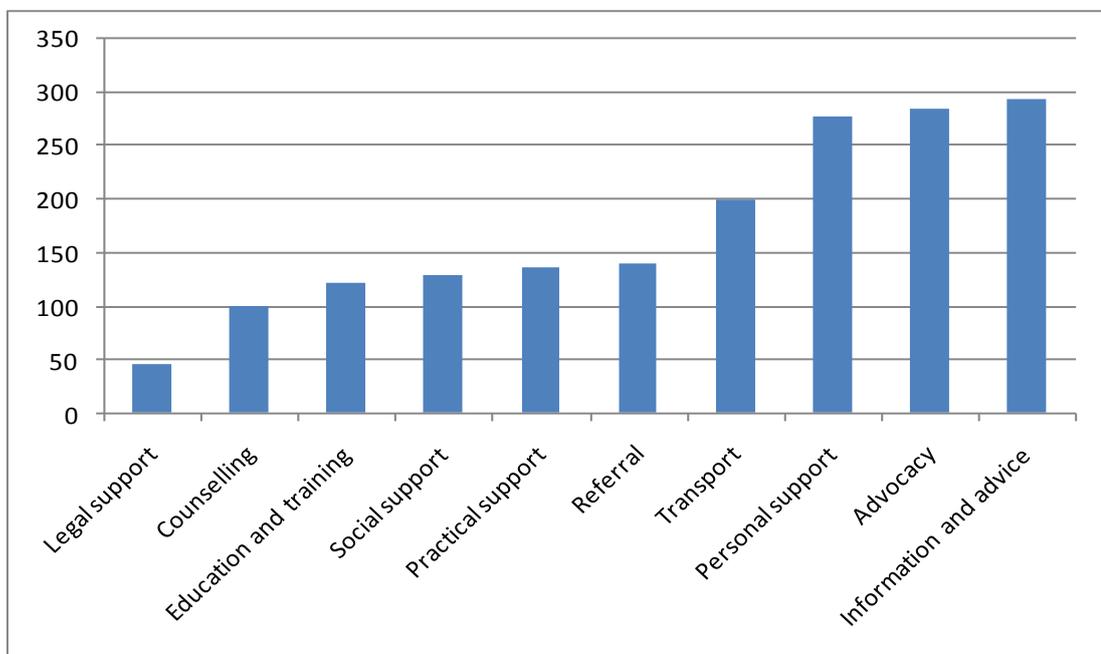
* The total numbers of individual young people for each of these statistics varies according to profile information provided



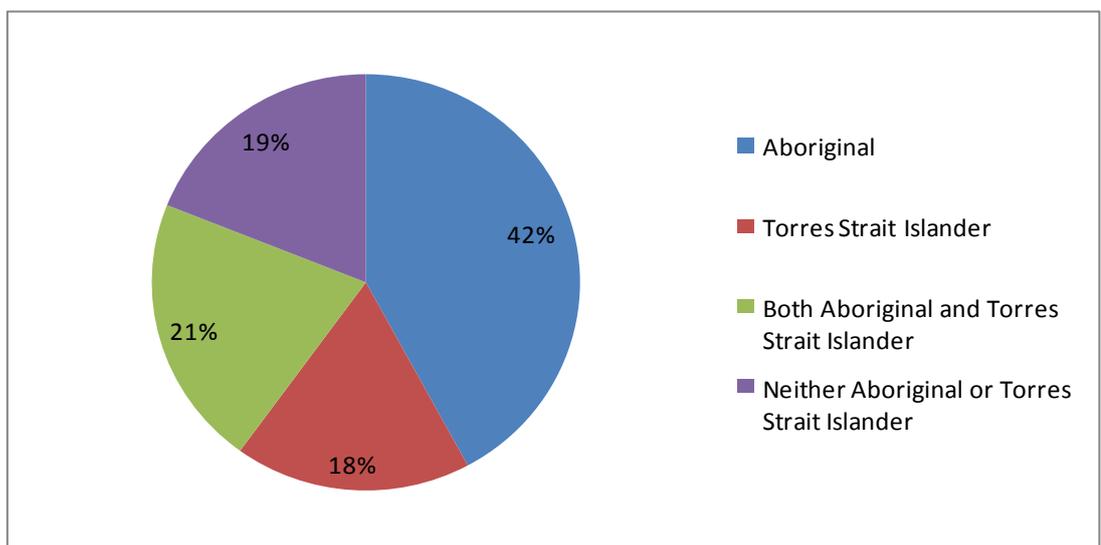
Youth Drug and Alcohol Treatment and Support Services

The Youth Drug and Alcohol Case Management program, funded by Queensland Health, worked with exactly 100 different young people during the last year. The service works with young people who are at risk of or engaging in the use of illicit drugs and/or alcohol, and who are wishing to reduce, cease or become safer within that use. Fifty-three per cent of participants were young men and 47 per cent young women. Eighty-one per cent were from Aboriginal and Torres Strait Islander backgrounds.

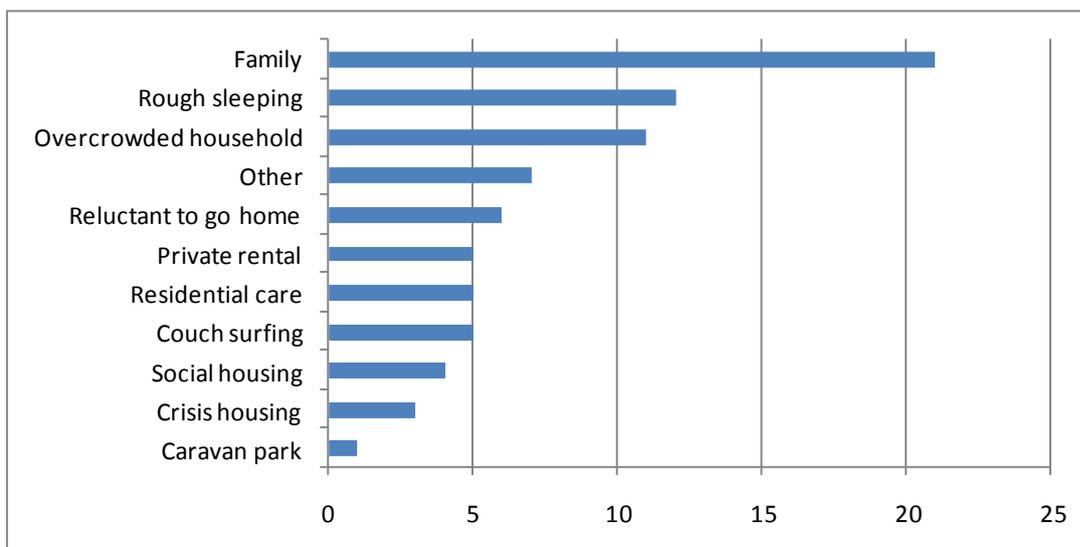
Type of support provided July 2010-June 2011 (n=1725)



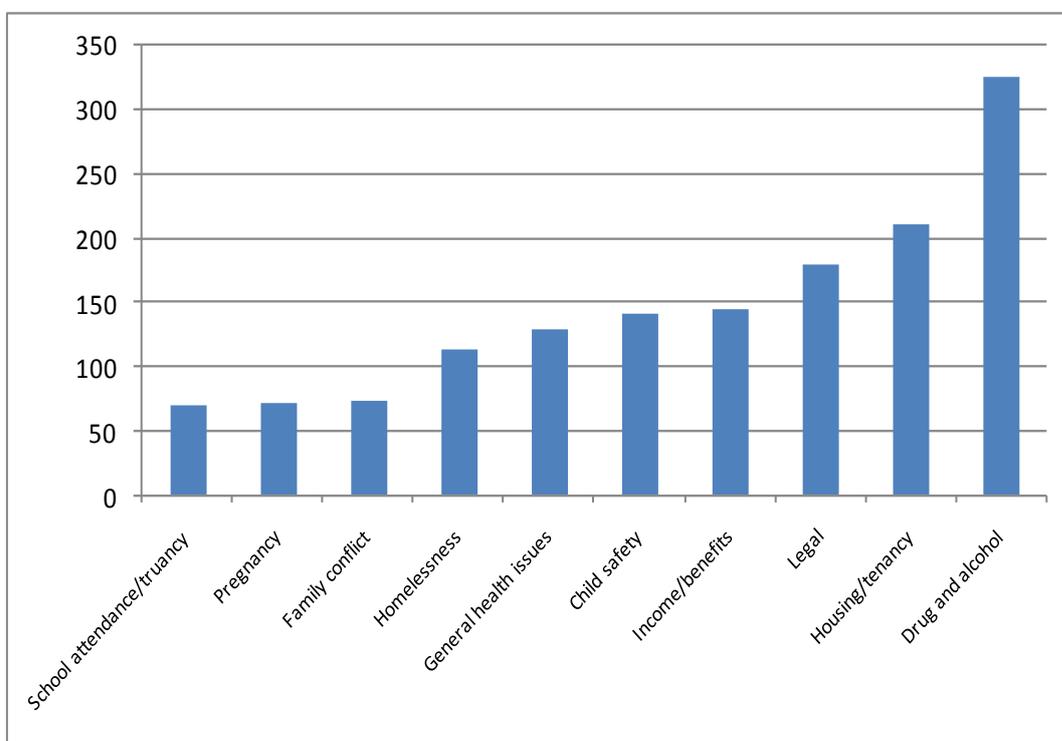
Cultural background July 2010-June 2011 (n=95)



Housing status July 2010-June 2011 (n=80)



Key presenting issues July 2010-June 2011 (n=2083)



Other statistics of note

- * 61 per cent of young people were self referred to the program. (n=64)
- * At the start of their participation in the program, 53 per cent of young people had no, inconsistent and/or unhealthy relationships with their families. (n=86)
- * 47 per cent have or had involvement with the Child Safety service system. (n=74)
- * 50 per cent have current, witnessed or recently left domestic violence. (n=71)
- * 84 per cent of young people have year 10 or lower highest education level. (n=69)
- * 39 per cent have attended more than five schools. (n=57)
- * 59 per cent have moderate to extreme suicide risk. (n=78)
- * 70 per cent have poly drug use (inhalant, alcohol and cannabis) (n=69)
- * 25 per cent have recent experiences of custody (n=69)

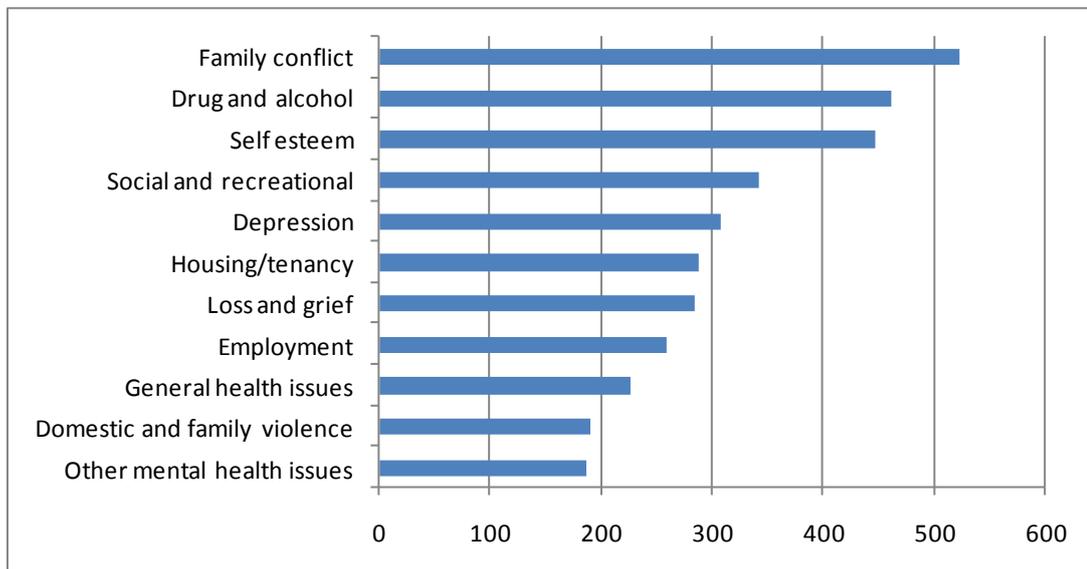
* The total numbers of individual young people for each of these statistics varies according to profile information provided



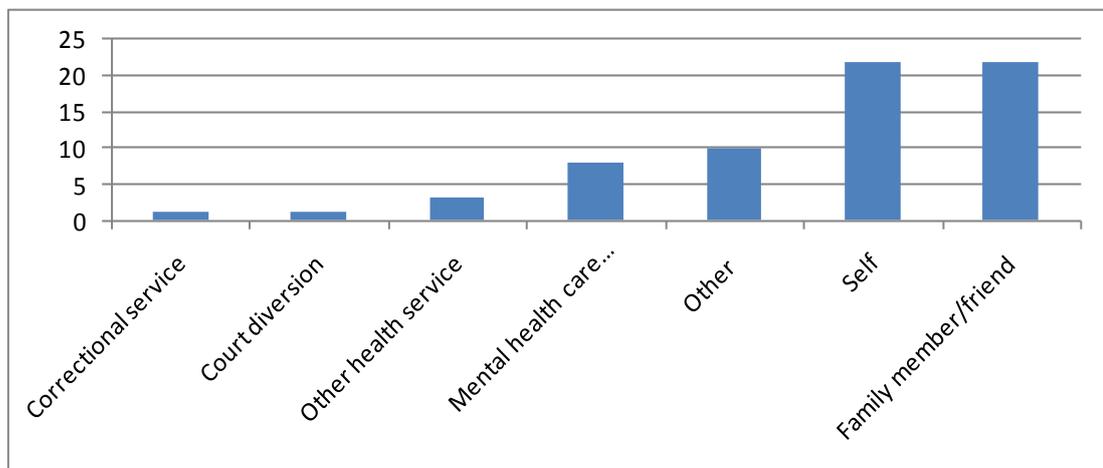
Adolescent Drug Treatment Program

The Adolescent Drug Treatment Program is funded by the Federal Department of Health and Ageing and has worked with 135 different young people during the last year. The program aims to provide appropriate and effective treatment interventions for young people between the age of 12-25 years who are 'at risk' of, or are engaging in the use of, illicit drugs and who are wishing to reduce, cease or become safer within that use. Thirty-nine per cent of participants were young men and 61 per cent were young women. Forty-eight per cent of participants were from Aboriginal and Torres Strait Islander backgrounds.

Key presenting issues July 2010-June 2011 (n=5067)

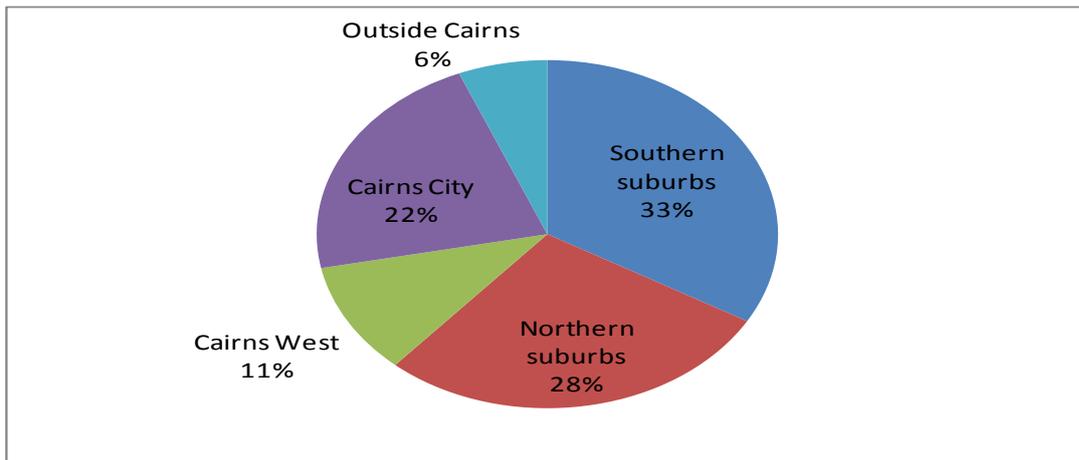


Source of referral (n=67)

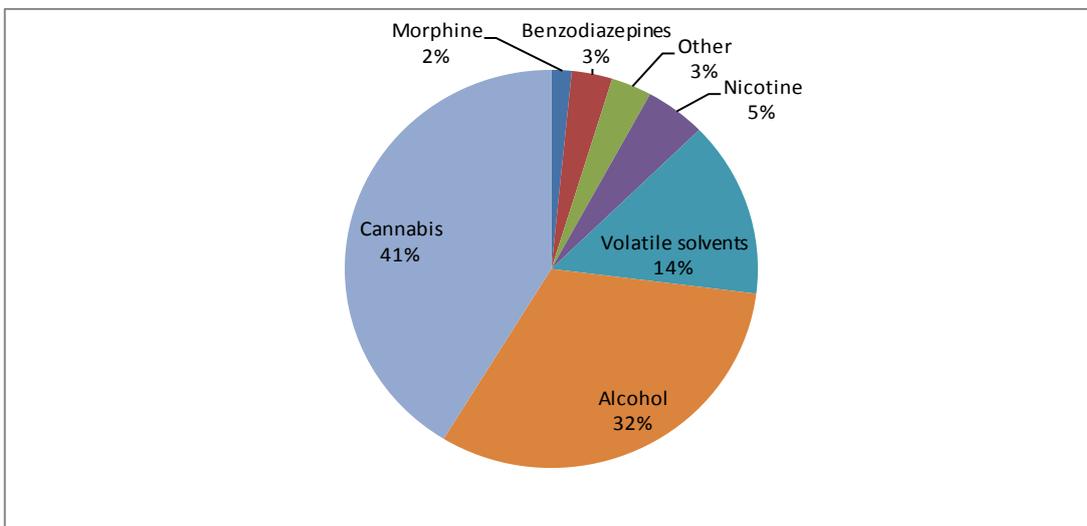


* The Southern Suburbs are defined as: Edmonton; Mount Sheridan; Whiterock; Gordonvale; Bentley Park; Woree; and Earlville. The Northern Suburbs are defined as: Trinity Park; Brinsmead; Whitfield; Kewarra Beach; Smithfield; Trinity Beach; Holloway's Beach; Caravonica; Redlynch; and Freshwater. Cairns West is defined as: Manunda; Mooroolool; and Manoora. Central Cairns as: Bungalow, Cairns City; Cairns North; Westcourt and Paramatta Park.

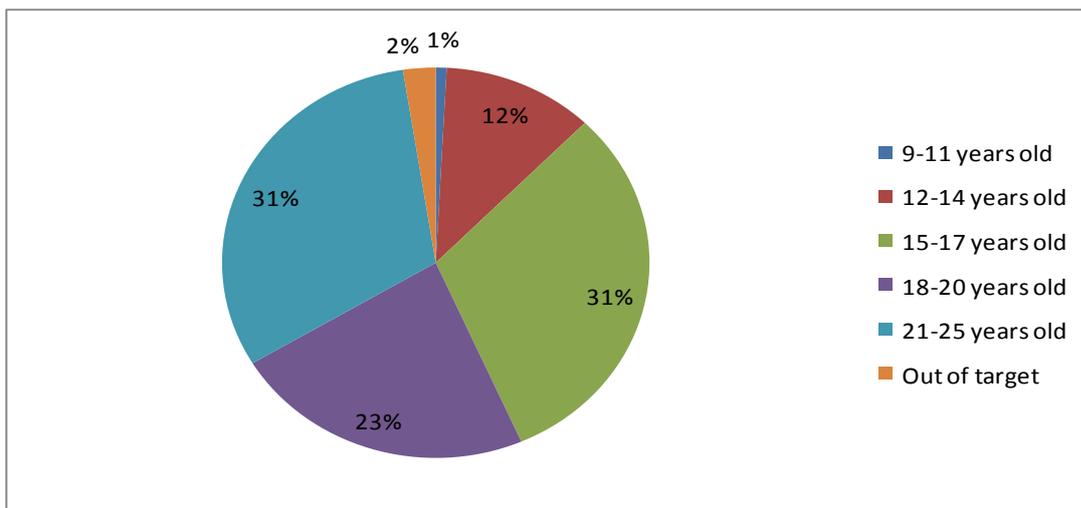
Residential location of participants (n=105)



Principal drug of concern (n=63)



Age of participants July 2010-June 2011 (n=122)



Other statistics of note

- * 63 per cent of young people had a diagnosed mental health issue. (n=46)
- * 37 per cent have current thoughts of self harm and 60 per cent have a history of self harm. (n=46)

* The total numbers of individual young people for each of these statistics varies according to profile information provided

AGM 2011

Notice of Meeting

YETI's 2011 AGM was called and advertised in The Weekend Post, , 1st October 2011. As per Association Rules by the display of the following announcement.

ANNUAL GENERAL MEETING

Youth Empowered Towards Independence (YETI) invites all who are interested to attend our Annual General Meeting at YETI, 3 Winkworth Street, Bungalow on Wednesday 26th October, commencing at 5.30pm.

Annual General Meeting Youth Empowered Towards Independence 3 Winkworth Street, Cairns.

Agenda

1. Opening of Meeting.
2. Reading and Acceptance of Apologies.
3. Receipt of AGM Booklet.
4. Receipt and Confirmation, that Annual General Meeting Minutes 2010 are a true and accurate record.
5. Matter arising from the Minutes.
6. Receipt and acceptance of Reports as printed in AGM Booklet.
7. Receipt and acceptance of Audited Financial Statement.
8. Appoint an Auditor for the 2011/2012 Financial Year.
9. Changes to the Constitution.
10. Other business.
11. Acceptance of new members.
12. Election of Office Bearers.

Youth Empowered Towards Independence

2010 Annual General Meeting

-Minutes-

Date: 17/11/2010

Meeting Opened at: 5:55pm

Chair: Laurel Downey **Minutes:** Emily Ward

Attendance: Phil Finkelstein, Genevieve Sinclair, Bob Dollery, Laurel Downey, Tom O'Donnell, Steven Dangaard, Emily Ward, Tanya Kunzler, Melanie Spencer, Margaret Bradley, Rhiannon Cann, Wendy Sammons, Tamara Baumann, Marcia Hedanek, Caroline Lowah and David Zglas.

Apologies: Belinda Featherstone, Christine Boll, Paul Christie and Justin Cadman.

Receipt of AGM booklet: Laurel presented YETI's AGM Booklet to the meeting and invited those in attendance to peruse at their own leisure. Genevieve thanked Bob, Marcia and Paul for their efforts in compiling this year's AGM Booklet.

Receipt and Acceptance of Previous Minutes: There were no matters arising from previous minutes, and it was moved that they were a true and accurate representation of the 2009 AGM.

Moved by Genevieve Sinclair and Seconded by Tom O'Donnell.

Receipt and Acceptance of Reports as printed in AGM Booklet.

Chair presented, and invited those present to pursue the reports as printed in the AGM Booklet. The acceptance of the reports in the AGM Booklet was *Moved by Emily Ward and Seconded by Phil Finkelstein.*

Receipt and Acceptance of Audited Financial Statements: Chair invited those present to pursue AGM Booklet containing audited financial statements. It was *Tabled by Bob Dollery, and Seconded by Steven Dangaard* that the Audited financial statements be accepted. Bob highlighted how successful the past year had been with the new move and dramatic increase in funding. Bob also emphasised that the balance sheet still remains strong for many future projects that may arise in the coming year.

Amendments to YETI Constitution:

Genevieve emphasised the considerable work that was achieved in conducting the amendments to YETI's constitution, statement and standards. Genevieve invited those present to pursue the old and new constitution. Management Committee Members and Staff read the constitution changes and all were in agreeance of the changes.

The amendments to YETI constitution was moved by Margaret Bradley and Seconded by Rhiannon Cann.

Other business:

President Laurel Downey thanked the Management Committee and YETI staff for their support during her first year in the role as President. Laurel highlighted that she felt privileged to be a part of this year's strategic planning day, which provided a clearer picture of the great work that YETI provides to venerable young people of cairns. Laurel also acknowledged the contributions made by Phil Finkelstein during his long standing time on the Management Committee.

Genevieve Sinclair also highlighted that 2009/2010 had seen a period of renewal and change, which was best exemplified by the move and new staff. Genevieve thanked the Management Committee for all their hard work and support over the past year. Genevieve also acknowledged the many years of hard work and commitment that Phil Finkelstein has put into the organisation. In closing, Genevieve thanked Bob for his high level of support with the financials and the staff for their dedication, support and commitment to improving the services of YETI.

Acceptance of new members:

There were no new members accepted at the 2010 AGM Meeting.

Election of Office Bearers:

Conducted by Genevieve Sinclair

Nominations had closed and we received one nomination for each of the four positions;

The Office bearers for 2010/2011 were duly elected.

Closure of Meeting:

Those in attendance were invited to stay after the meeting for drinks, nibbles and a chat.

There being no other business, the meeting was officially Moved and closed by Laurel Downey at 6:15pm.

INDEPENDENT AUDITOR'S REPORT

To the members of Cairns Youth Empowered Towards Independence Incorporated

Report on the Financial Report

I have audited the accompanying financial report, being a special purpose financial report, of Cairns Youth Empowered Towards Independence Incorporated (the Association), which comprises the statement of financial position as at 30 June 2011, and the statement of comprehensive income and statement of changes in equity for the year then ended, notes comprising a summary of significant accounting policies, and other explanatory information, and the committee's declaration.

The Responsibility of the Management Committee for the Financial Report

The Association's committee members are responsible for the preparation and fair presentation of the financial report and have determined that the basis of preparation described in Note 2, is appropriate to meet the requirements of Associations Incorporation Act 1981 and is appropriate to meet the financial reporting requirements of the Associations Incorporation Act 1981 and are appropriate to meet the needs of the members. The Association's committee members responsibility also includes such internal control as the committee members determine is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I have conducted the audit in accordance with Australian Auditing Standards. These Auditing Standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Association's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the officers, as well as evaluating the overall presentation of the financial report.

I believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Independence

In conducting my audit, I have complied with the independence requirements of the Australian professional accounting bodies.

Auditor's Opinion

In my opinion, the financial report presents fairly, in all material respects, the financial position of Cairns Youth Empowered Independence Incorporated as of 30 June 2011 and of its financial performance for the year then ended in accordance with Associations Act 1981.

Basis of accounting

Without modifying our opinion, we draw attention to Note 2 to the financial report, which describes the basis of preparation. The financial report has been prepared to assist Cairns Youth Empowered Towards Independence Incorporated to meet the requirements of Associations Incorporation Act 1981. As a result, the financial report may not be suitable for another purpose.

Dated this *2nd* day of *September* 2011
488 Mulgrave Road
CAIRNS QLD 4870


I.D. Jessup
(Registered Company Auditor)

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
(ABN 34 797 758 772)

STATEMENT OF COMPREHENSIVE INCOME
FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2011

	Note	2011 \$	2010 \$
Revenue from operating activities	4	<u>1,313,098</u>	<u>1,151,755</u>
		1,313,098	1,151,755
Employee benefits expenses		(841,328)	(631,946)
Rent expenses		(58,273)	(91,071)
Motor Vehicle expenses		(52,481)	(40,565)
Depreciation and amortisation		(24,766)	(22,502)
Audit and accounting fees		(20,027)	(16,923)
Computer expenses		(6,969)	(7,700)
Cleaning		(12,867)	(11,403)
Client expenses and group work		(47,353)	(39,871)
Insurance		(9,698)	(7,856)
Photocopy, printing and stationary		(10,672)	(13,965)
Telephone		(19,568)	(18,968)
Training		(29,287)	(2,831)
Travelling and accomodation expenses		(25,521)	(14,098)
Other expenses from operating activities		<u>(113,686)</u>	<u>(154,367)</u>
Net surplus before income tax		40,602	77,689
Income tax expense	3(j)	-	-
Net surplus for the year		<u>40,602</u>	<u>77,689</u>
Other comprehensive income		<u>-</u>	<u>-</u>
Total comprehensive income		<u><u>40,602</u></u>	<u><u>77,689</u></u>

2011 Financial Report

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
(ABN 34 797 758 772)

STATEMENT OF FINANCIAL POSITION FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2011

	Note	2011 \$	2010 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	5	302,045	524,153
Trade and other receivables	6	167,238	1,350
Other current assets	7	7,980	7,980
Total current assets		<u>477,263</u>	<u>533,483</u>
NON CURRENT ASSETS			
Property, plant and equipment	8	66,908	95,637
Intangible assets	9	8,551	-
Total non current assets		<u>75,459</u>	<u>95,637</u>
TOTAL ASSETS		<u>552,722</u>	<u>629,120</u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	10	210,189	329,638
Employee benefits	11	38,578	36,129
Total current liabilities		<u>248,767</u>	<u>365,767</u>
TOTAL LIABILITIES		<u>248,767</u>	<u>365,767</u>
NET ASSETS		<u>303,955</u>	<u>263,353</u>
EQUITY			
Retained surplus		303,955	263,353
TOTAL EQUITY		<u>303,955</u>	<u>263,353</u>

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
 ABN 34 797 758 772
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 30 JUNE 2011

	2011	2010
	\$	\$
4 - REVENUE		
Interest	15,089	16,451
Membership subscriptions	40	10
Grants received	1,112,595	900,712
Other revenue	53,903	53,242
Add: Unexpended funds brought forward	287,671	469,011
Less: Unexpended funds carried forward	<u>(156,200)</u>	<u>(287,671)</u>
	<u>1,313,098</u>	<u>1,151,755</u>
5 - CASH AND CASH EQUIVALENTS		
Cash on hand	500	900
Cash at bank	<u>301,545</u>	<u>523,253</u>
	<u>302,045</u>	<u>524,153</u>
6 - TRADE AND OTHER RECEIVABLES		
Trade debtors	161,081	1,350
Prepayments	<u>6,157</u>	<u>-</u>
	<u>167,238</u>	<u>1,350</u>
7 - OTHER CURRENT ASSETS		
Security deposits	<u>7,980</u>	<u>7,980</u>
	<u>7,980</u>	<u>7,980</u>
8- PROPERTY, PLANT & EQUIPMENT		
Property plant and equipment at cost	170,319	182,619
Less accumulated depreciation	<u>(115,610)</u>	<u>(118,311)</u>
	<u>54,709</u>	<u>64,308</u>
Motor vehicles at cost	48,861	48,861
Less accumulated depreciation	<u>(36,662)</u>	<u>(17,532)</u>
	<u>12,199</u>	<u>31,329</u>
Total property, plant & equipment	<u><u>66,908</u></u>	<u><u>95,637</u></u>
9- INTANGIBLE ASSETS		
Software at cost	10,060	-
Less accumulated depreciation	<u>(1,509)</u>	<u>-</u>
	<u>8,551</u>	<u>-</u>
Total intangible assets	<u><u>8,551</u></u>	<u><u>-</u></u>

2011 Financial Report

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
 ABN 34 797 758 772
 NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
 FOR THE YEAR ENDED 30 JUNE 2011

	2011 \$	2010 \$
10 - TRADE AND OTHER PAYABLES		
ANZ Credit card	-	434
Unexpended funds	156,200	287,670
Superannuation	4,322	7,742
PAYG withholding	13,850	14,588
GST	34,617	15,804
Accrued expenses	1,200	3,400
	<u>210,189</u>	<u>329,638</u>

11 - EMPLOYEE BENEFITS

Provision for annual leave	31,165	36,129
Provision for long service leave	7,413	-
	<u>38,578</u>	<u>36,129</u>

The association makes contribution to defined superannuation funds. The amount recognised as an expense was \$67,733 for the year ended 30 June 2011 (2010: \$50,192).

12 - OPERATING LEASES

Non-cancellable operating lease rental are payable as follows :

Less than one year	56,544	69,586
Between one and five years	106,628	68,577
	<u>163,172</u>	<u>138,163</u>

The association leases an office building under an operating lease. The lease runs for a period of 3 years, with an option to renew the lease after that date. Lease payments are increased every 3 years to reflect market rentals and does not include contingent rentals.

The association leases a number of motor vehicles under operating leases. The leases run for a period of 2 years, with no option to renew the lease after that date. The leases do not include contingent rentals.

During the year ended 30 June 2011, \$58,273 was recognised as an expense in respect of the operating leases (2010: \$91,071).

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011

1. GENERAL INFORMATION

Cairns Youth Empowered Towards Independence Incorporated ("the association") is an entity domiciled in Australia. The address of the association is 3 Winkworth Street, Bungalow, QLD, 4870. The association primarily is involved in assisting young people by providing them with information about youth issues including physical, social and emotional health. Also the association support workers for support and living skills.

2. BASIS OF PREPARATION

(a) Statement of compliance

This financial report is a special purpose financial report for distribution to the members and for the purpose of fulfilling the requirements of the Associations Incorporation Act 1981. In the opinion of the management committee, the association is not a reporting entity.

The special purpose financial report has been prepared in accordance with the requirements of the Associations Incorporation Act 1981 and the recognition and measurement specified of all applicable Australian Accounting Standards and Interpretations adopted by the Australian Accounting Standards Board. The financial report does not comply with International Financial Reporting Standards and interpretations adopted by the International Accounting Standards Board.

The financial report does not include the disclosure requirements of the following pronouncements having a material effect:

AASB 7	<i>Financial Instruments</i>
AASB 116	<i>Property, plant and equipment</i>
AASB 124	<i>Related party disclosures</i>
AASB 132	<i>Financial Instruments: Presentation</i>
AASB 137	<i>Provisions, Contingent Liabilities</i>

The financial statements were approved by the management committee on the date shown on the committee's declaration.

(b) Basis of measurement

The financial report has been prepared on the historical cost basis. All amounts are presented in Australian dollars, which is the association's functional currency.

(c) Significant accounting judgements, estimates and assumptions

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts in the financial statements. Management continually evaluates its judgements and estimates in relation to assets, liabilities, contingent liabilities, revenue and expenses. Management bases its judgements and estimates on historical experience and on other various factors it believes to be reasonable under the circumstances, the result of which form the basis of the carrying values of assets and liabilities that are not readily apparent from other

(d) Prior period adjustment

In the 2009/10 financial year, the unexpended funds payable of \$272,243 was understated by \$15,428. As a result, the net surplus at 30 June 2010 was overstated by \$15,428. Accordingly, the unexpended funds payable at 30 June 2010 comparative statement has been adjusted to \$287,671 to reflect the adjusted balance. Furthermore, the net surplus of \$93,117 that was reported in the 2010 financial report has been amended to \$77,689 in the 2010 comparative statement..

2011 Financial Report

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
(ABN 34 797 758 772)

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011

3. SIGNIFICANT ACCOUNTING POLICIES

(a) Cash and cash equivalents

Cash and cash equivalents in the statement of financial position comprise cash at bank and in hand with an original maturity of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value.

(b) Financial instruments

(i) *Non-derivative financial assets*

Financial instruments are initially measured at cost on trade date, which includes transactions costs, when the related contractual rights or obligations exist.

Financial assets are recognised and derecognised on trade date when purchase or sale of a financial asset is under a contract whose terms require delivery of the financial asset within the timeframe established by the market concerned, and are initially measured at fair value.

The association has the following non-derivative financial assets:

Trade and other receivables

Trade receivables, which comprise amounts due from services provided to its customers, are recognised and carried at original invoice amount less an allowance for any uncollected amounts. The carrying amount of the receivable is deemed to reflect fair value.

An allowance for doubtful debts is made when there is objective evidence that the association will not be able to collect the debts. Bad debts are written off when identified.

Cash and cash equivalents

Cash and cash equivalents comprise cash balances and call deposits with original maturities of three months or less.

(ii) *Non-derivative financial liabilities*

The association derecognises a financial liability when its contractual obligations are discharged or cancelled or expire. Financial assets and liabilities are offset and the net amount presented in the statement of financial position when, and only when, the association has a legal right to offset the amounts and intends either to settle on a net basis or to realise the asset and settle the liability simultaneously.

The association has the following non-derivative financial liabilities: trade and other payables.

Trade payables and other payables represent liabilities for goods and services provided to the association prior to the end of the financial year that are unpaid. The carrying amount of the creditors and other payables is deemed to reflect fair value.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011

3. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (continued)

(c) Impairment

(i) Financial assets

At each reporting date, the association assess whether there is objective evidence that a financial instrument has been impaired. For financial assets carried at amortised cost, the amount of the impairment is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate.

At each reporting date, the association assess whether there is objective evidence that a financial instrument has been impaired. For financial assets carried at amortised cost, the amount of the impairment is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the original effective interest rate.

The carrying amount of financial assets Incorporatedluding uncollective trade receivables is reduced by the impairment loss through the use of an allowance account. Subsequent recoveries of amounts previously written off are credited against the allowance account. Changes in the allowance account are recognised in the statement of comprehensive income.

(ii) Non-financial assets

At each reporting date, the association reviews the carrying amounts of its non-financial assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss. Where the asset does not generate cash flows that are independent from other assets, the association estimates the recoverable amount of cash-generating unit to which the asset belongs.

If the recoverable amount of an asset or cash-generating unit is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in statement of comprehensive Incorporatedome.

(d) Property, plant and equipment

(i) Recognition and measurement

Items of property, plant and equipment are measured at cost less accumulated depreciation and accumulated impairment losses

Cost Incorporatedludes expenditures that are directly attributable to the acquisition of the asset. The cost of self-constructed assets Incorporatedludes the cost of materials and direct labour, any other costs directly attributable to bringing the asset to a working condition for its intended use, the costs of dismantling and removing the items and restoring the site on which they are located, and capitalised borrowing costs. Purchased software that is integral to the functionality of the related equipment is capitalised as part of that equipment.

When parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items (major components) of property, plant and equipment.

The association capitalises borrowing costs directly attributable to the acquisition, construction or production of a qualifying asset as part of the cost of that asset. Previously the association immediately recognised all borrowing costs as an expense.

2011 Financial Report

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NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011

3. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (continued)

(d) Property, plant and equipment (continued)

(ii) Depreciation

The depreciation amount of all property, plant and equipment, excluding freehold land, is depreciated on a straight line basis over their useful lives commencing from the time the asset is held ready for use:

The depreciation rates used for each class of depreciation assets are:

<i>Class of Fixed Asset</i>	<i>Depreciation Rate</i>
Software	15%
Property, plant and equipment	10 - 30%
Motor Vehicles	13.33 - 22.5%

(iii) Derecognition and disposal

An item of property, plant and equipment is derecognised upon disposal when the item is no longer used in the operations of the association or when it has no sale value. Any gain or loss arising on derecognition of the asset is incorporated in profit and loss in the year the asset is derecognised.

(c) Leased assets

Leases of fixed assets, where substantially all the risks and benefits incidental to the ownership of the asset, but not the legal ownership, are transferred to the association are classified as finance leases. Finance leases are capitalised, recording an asset and liability equal to the present value of the minimum lease payments, including any guaranteed residual value. Leased assets are depreciated on a straight line basis over their estimated useful lives where it is likely that the association will obtain ownership of the asset, or over the term of the lease. Lease payments are allocated between the reduction of the lease liability and the lease interest expenses for the

(d) Employee benefits

(i) Short-term employee provisions

Employee benefits comprise of wages and salaries, annual, non-accumulating sick and long service leave, and contributions to superannuation plans.

Liabilities for annual leave in respect of employees' services up to the reporting date which are expected to be settled within 12 months after end of the period in which the employees render the related services are recognised in the provision for annual leave. Liabilities for non-accumulating sick leave are recognised when the leave is taken and are measured at the rates paid or payable.

(ii) Long-term employee provisions

The liability for long service leave is recognised in the provision for employee benefits and measured as the present value of expected future payments to be made in respect of services provided by employees up to the reporting date using the projected unit credit method. Consideration is given to anticipated future wage and salary levels, experience departures, and periods of service. Expected future payments are discounted using market yields at the reporting date on government bonds with terms to maturity and currencies that match, as closely as possible, the estimated future cash outflows.

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2011

3. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (continued)

(d) Employee benefits

(iii) Defined contribution superannuation funds

The association pays contributions to certain defined contribution superannuation plans. Contributions are recognised in the statement of comprehensive Incorporatedome when they are due. The association has no obligation to pay further contributions to these plans if the plans do not hold sufficient assets to pay all employee benefits relating to employee service in current and prior periods.

(e) Provisions

Provisions are recognised when the association has a present legal or constructive obligation as a result of a past event, it is probable that an outflow of resources embodying economic benefits will be required to settle the obligation and a reliable estimate can be made of the amount of the obligation.

Provisions are measured at the present value of management's best estimate of the expenditure required to settle the present obligation at the statement of financial position date. The Incorporatedrease in the provision due to the passage of time is recognised as interest expense.

(f) Revenue

(a) Goods sold

Revenue from the sale of goods is measured at the fair value of the consideration received or receivable, net of returns, trade discounts and volume rebates. Revenue is recognised when the significant risks and rewards of ownership have been transferred to the buyer, recovery of the consideration is probable, the associated costs and possible return of goods can be estimated reliably, there is no continuing management involvement with the goods, and the amount of revenue can be estimated reliably. Revenue are recognised net of the amounts of goods and services tax (GST) payable to the Australian Taxation Office.

(b) Rendering of services

Revenue is recognised when the contract outcome can be measured reliably, control of the right to be compensated to the service determined, and the stage of completion can be measured reliably.

(c) Government funding

Grants received on the condition that specified services are delivered, or conditions are fulfilled, are considered reciprocal. Such grants are initially recognised as a liability and revenue is recognised as services are performed or conditions fulfilled. Revenue from non-reciprocal grants is recognised when the association obtains control of the funds.

(d) Interest

Interest revenue is recognised on a time proportionate basis that takes into account the effective yield on the financial asset.

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
(ABN 34 797 758 772)

NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2011

3. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (continued)

(g) Leases

Operating leases

Leases where the lessor retains substantially all the risks and benefits of ownership of the asset are classified as operating leases. Initial direct costs incurred in negotiating an operating lease are added to the carrying amount of the leased asset and recognised over the lease term on the same basis as the lease income.

Operating lease payments are recognised as an expense in statement of comprehensive income on a straight-line basis over the lease term.

(i) Goods and services tax

Revenues, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or part of the expense.

Receivables and payables are stated with the amount of GST included. The net amount of GST recoverable from, or payable to, the ATO is included as a current asset or liability in the statement of financial position.

(j) Income tax

The association has been given exemption from income tax under Division 50 of the Income Tax Act 1997.

CAIRNS YOUTH EMPOWERED TOWARDS INDEPENDENCE INCORPORATED
ABN 34 797 758 772

COMMITTEE'S DECLARATION 30 JUNE 2011

In the opinion of the management committee of Cairns Youth Empowered Towards Independence Incorporated:

- (a) the association is not a reporting entity: and
- (b) the financial report presents fairly the Association's financial position as at 30 June 2011 and its performance for the year ended on that date in accordance with the basis of preparation and accounting policies described in Notes 2 and 3 to the financial statements.

Signed in accordance with a resolution of the committee:



President/Treasurer

Dated at Cairns this 2nd day of September 2011



Our Vision

Youth Empowered Towards Independence

Our Mission

To provide a community-based, supportive, empowering, responsive and healing environment that meets the needs of vulnerable young people through the provision of holistic services that foster social, emotional, spiritual and physical well-being.

YETI Principles

Empowerment
Social justice and human rights
Accessibility and Acceptance
Trauma informed
Compassion and care
Integrity and respect
Harm minimisation
Learning and changing
Community focused

YETI

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